



## Trial of Labor After Cesarean (TOLAC) Policy

Welcome to Gynecology and Obstetrics of DeKalb. We are excited to be part of your pregnancy journey.

Our goal for each patient is to have a healthy pregnancy and delivery, so it is important to understand the GOOD group policy on trial of labor after cesarean (TOLAC).

### Policy

We will allow the ability to have a TOLAC when the following circumstances are met:

- Confirmed low transverse uterine incision.
- There have been at least 18 months between cesarean delivery and TOLAC attempt.
- You have only had one (1) prior cesarean delivery.
- You present in active labor for a TOLAC.  
\*We do not offer induction of labor if you have previously had a cesarean.
- If you do not go into labor, we will perform a cesarean at 41 weeks or sooner depending on your specific pregnancy risk factors.
- If you develop risk factors and require an early delivery, it will need to be via cesarean delivery.

By signing below, you confirm that you understand the GOOD group policy on TOLAC. If you are not comfortable with the our policy, you have the opportunity to get a copy of your records and find a practice with a TOLAC policy that is more suitable to you.

Patient Name \_\_\_\_\_  
(please print)

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_

Physician Signature \_\_\_\_\_

Date \_\_\_\_\_